

NOTHING TO EAT OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE THE PROCEDURE!

If you are scheduled for a late morning or afternoon appointment you may have clear liquids only up until 3 hours prior to your procedure.

CLEAR LIQUIDS YOU MAY HAVE:

APPLE JUICE	WHITE GRAPE JUICE	WHITE CRANBERRY JUICE		
ANY COLA DRINKS	CLEAR CHICKEN BROTH	CLEAR BEEF BROTH		
light colored KOOL-AID	light colored GATORADE	WATER		
JELLO (no red)	TEA	COFFEE (no cream)		
NO MILK	NO ORANGE JUICE	NO PRUNE JUICE	NO TOMATO JUICE	NO SOLID FOODS

**YOU MUST BRING SOMEONE TO DRIVE YOU HOME AFTER YOUR TEST
OR YOUR TEST WILL BE POSTPONED!**

The day of your test: come to 80 Humphreys Center Drive, Suite 200 at _____ with an empty stomach.

You may only take medications that you routinely take, such as seizure, high blood pressure, breathing, heart and behavioral medications with a sip of water.

You should expect to be here 3 to 4 hours. Please call (901) 881-5571 to reschedule.